

Appendix 3: Threshold for Referral to the CAMHS Head 2 Head Team and Forensic CAMHSCAMHS 'Head 2 Head' Service

Head 2 Head work with children up to 18 years old who have emotional and mental health issues and who display sexually harmful behaviours and are involved with the criminal justice system. Head 2 Head can become involved for the following reasons after the completion of a specialised Child and Family Assessment using AIM2 tools:

- The child is judged to be of 'high concerns' (from the AIM2 assessment outcome matrix).
- The child presents with significant emotional health / mental health difficulties
- The child presents as having a learning disability;

Once a child has been accepted at Head 2 Head they will provide mental health assessment and intervention. Referrals can be made directly to Head 2 Head (0115 956 0842 or secure email CAMHS.H2HTeam@nottshc.nhs.uk.) or via the HSB panel, all referrals will require an up to date specialist children and family assessment using AIM2 tools.

Head 2 Head are permanent members of the HSB panel, within this role they offer expert advice and guidance to professionals.

In addition to Head 2 Head working directly with the child, they can offer consultation, support, advice and training for the case workers working with this group of young people, regarding how best to manage and treat their on-going sexually harming behaviour and on-going risk assessment. HEAD2HEAD can also offer further specialist risk assessments, treatment and intervention for high risk cases where there is no emotional/mental health needs and/or learning needs.

Forensic CAMHS

East Midlands Community Forensic Child and Adolescent Mental Health Service (FCAMHS) is a specialist multi-disciplinary service that provides advice, consultation, specialist assessment and support to services and teams working with young people in the community who exhibit risky behaviours or who are already in the youth justice system and have or display signs of mental health difficulties.

Forensic CAMHS is not a case holding service they only accept referrals where the child is actively supported by CAMHS or children's social care. They will support the allocated worker in reducing risk and risky behaviours and improve resilience by way of:

- specialist assessment including risk assessment;
- risk management planning;
- case formulation and reformulation;

- treatment package development and intervention support;
- training for professionals;
- supporting transitions in and between services;

Referral to this service will normally come as an action from the child being presented at HSB panel following the completing of a specialist child and family assessment using AIM2. Or you can make a referral or to discuss a child direct:

T: 0115 952 9487

E: Not-tr.eastmidlandsfcamhs@nhs.net